

# 2026 Benefit Changes

## Tufts Health One Care (HMO D-SNP)

The following benefit changes apply to Tufts Health One Care (HMO D-SNP) members and are **effective for dates of service on or after Jan. 1, 2026**, upon the plan's effective or renewal date:

### Summary of Benefit Changes

- Medicare is ending the Medicare-Medicaid Plan (MMP) demonstration program after 12/31/2025.
- With this change, Tufts Health Plan's MMP product known as Tufts Health One Care will transition to a Dual Eligible Special Needs Plan (D-SNP) called Tufts Health One Care (HMO D-SNP) effective 1/1/2026. Membership in Tufts Health One Care will be automatically enrolled in Tufts Health One Care (HMO D-SNP).
- Tufts Health One Care (HMO D-SNP) will be offered in the following Massachusetts counties effective 1/1/2026:
  - Existing counties: Barnstable, Bristol, Essex, Middlesex, Norfolk, Plymouth, Suffolk, and Worcester.
  - New counties: Hampden and Hampshire.
- Tufts Health One Care (HMO D-SNP) will include all benefits covered or required to be covered by Medicare and Medicaid at \$0 to members.
- Tufts Health One Care (HMO D-SNP) will include the following additional benefits:
  - Non-medical transportation benefit of 8 round trips per month (limit of 20 miles each way).
  - Additional OTC prescription drugs including Mucinex 600mg, Benzonatate, Robitussin Cough + Chest Congestion DM (liquid), and more.
  - Additional telehealth coverage for services including PCP and specialist office visits and more.
  - Eyewear allowance of up to \$300 per year toward frames and/or lenses and/or contact lenses.
  - Worldwide coverage for emergency ambulance, emergency care, and urgent care services.
  - Additional benefits may be covered as needed if included in member's care plan.
- Referral may be required from member's PCP for the following services:
  - Cardiac (heart) rehabilitation services
  - Chiropractic services
  - Medicare-covered dental services
  - Home health agency care
  - Outpatient hospital services
  - Ambulatory surgical center (ASC) services
  - Outpatient rehabilitation services
  - Specialist services by a physician or other health care professional
  - Podiatry services
  - Pulmonary rehabilitation services
  - Supervised exercise therapy (SET) for peripheral artery disease (PAD)
  - Diagnostic eye exam
  - Diabetic retinopathy screening
- Coverage for blood glucose monitors and blood glucose test strips is limited to the Accu-Chek products manufactured by Roche Diabetes Care, Inc. (from OneTouch manufactured by LifeScan).
- Medicare Part B drugs may be subject to Step Therapy requirements that include Part B to Part B drugs, Part B to Part D drugs, and Part D to Part B drugs.
- Part D coverage is included at \$0 to members, with all covered drugs on a single tier.

*Please keep in mind that this is only a summary of benefit changes. Before services are rendered, providers are reminded to check member benefits using Tufts Health Plan's [secure Provider portal](#) or other self-service tools, even for members seen on a regular basis.*