

Tufts Health Plan Medicare Preferred HMO External Utilization Management List Updated 4/1/2026

For Externally Managed Members:

Please call the Registered Nurse Care Manager (Column E)

For Out Of Area SNF, please contact Kathy Remse : 781-612-5565

For Out Of Area AIR and LTAC, please contact Tara Flodin. 781-612-7796.

For Questions, please contact Darlene Burgess at 781-612-2599

HMO and PPO IPA#	Care Management & UM Designation	TMP Medical Group Name	IDN	Registered Nurse Care Manager (RNCM)	Clinical Fax Number
38	External	Alliance for Quality Care, LLC	NEQCA	<p align="center">HMO</p> Emmy Sutera 781-369-5654 Emmet.L.Sutera@tuftsmedicine.org Debbie Farmer 781-812-6404 deborah.farmer@tuftsmedicine.org Lisa Flanagan 781-338-7743 Lisa.Flanagan@tuftsmedicine.org Laurie Lakin 781-462-1616 Laurie.lakin@tuftsmedicine.org	781-338-7712
82	External	Reliant Medical Group Framingham	Reliant	Deb Sabatalo (Admin) - contact first 508-581-0044	508-453-8116
86	External	Southboro Medical Associates Metrowest Framingham	Reliant	Deb Sabatalo (Admin) - contact first 508-581-0044	508-453-8116
101	External	Hallmark Health Systems	NEQCA	<p align="center">HMO</p> Laurie Lakin 781-462-1616 Laurie.lakin@tuftsmedicine.org Emmy Sutera 781-369-5654 Emmet.L.Sutera@tuftsmedicine.org Debbie Farmer 781-812-6404 deborah.farmer@tuftsmedicine.org Lisa Flanagan 781-338-7743 Lisa.Flanagan@tuftsmedicine.org	<p align="center">HMO</p> 781-338-7712
116	External	Charles River Medical - Framingham	CRMA	<p align="center">HMO</p> Renee Robinson 508-655-0064 MaryBeth Joyce 781-801-3399	<p align="center">HMO</p> 774-498-2011
117	External	Charles River Medical - Natick	CRMA	<p align="center">HMO</p> Renee Robinson 508-655-0064 MaryBeth Joyce 781-801-3399	<p align="center">HMO</p> 774-498-2011
118	External	Charles River Medical - Marlboro	CRMA	<p align="center">HMO</p> Renee Robinson 508-655-0064 MaryBeth Joyce 781-801-3399	<p align="center">HMO</p> 774-498-2011

HMO and PPO IPA#	Care Management & UM Designation	TMP Medical Group Name	IDN	Registered Nurse Care Manager (RNCM)	Clinical Fax Number
158	External	Atrius Health Norfolk	Atrius	CM PROGRAM ADMIN HOTLINE 781-292-7660 Gina Racine 617-421-8800	617-421-2547 617-421-2551
186	External	Lowell PHO	TMIN	HMO Stacy Neudeck 978-726-5486 stacey.neudeck@tuftsmedicine.org Emmy Sutera 781-781-369-5654 emmy.sutera@tuftsmedicine.org Deborah Farmer 781-612-6404 deborah.farmer@tuftsmedicine.org Lisa Flanagan 781-338-7743 Lisa.Flanagan@tuftsmedicine.org	HMO 781-338-7712
229	External	Atrius Health -Quincy	Atrius	CM PROGRAM ADMIN HOTLINE 781-292-7660 Debra Densmore 781-849-2408	617-421-2547 617-421-2551
230	External	Atrius Health -Weymouth	Atrius	CM PROGRAM ADMIN HOTLINE 781-292-7660 Debra Densmore 781-849-2408	617-421-2547 617-421-2551
300	External	Atrius Health -Norwood	Atrius	CM PROGRAM ADMIN HOTLINE 781-292-7660 Julie Farian 781-431-5223	617-421-2547 617-421-2551
301	External	Atrius Health -Dedham	Atrius	CM PROGRAM ADMIN HOTLINE 781-292-7660 Gina Racine 617-421-8800	617-421-2547 617-421-2551
302	External	Atrius Health -Copley	Atrius	CM PROGRAM ADMIN HOTLINE 781-292-7660 Gina Racine 617-421-8800	617-421-2547 617-421-2551
303	External	Atrius Health Kenmore	Atrius	CM PROGRAM ADMIN HOTLINE 781-292-7660 Gina Racine 617-421-8800	617-421-2547 617-421-2551
304	External	Atrius Health - PO Square	Atrius	CM PROGRAM ADMIN HOTLINE 781-292-7660 Debra Densmore 781-849-2408	617-421-2547 617-421-2551
305	External	Atrius Health -Braintree	Atrius	CM PROGRAM ADMIN HOTLINE 781-292-7660 Teen Perron 978-287-9391 Judith Mannion 781-849-(6)2451	617*421-2547 617-421-2551 617-421-2522
306	External	Atrius Health - Burlington	Atrius	CM PROGRAM ADMIN HOTLINE 781-292-7660 Gina Racine 617-421-8800	617-421-2547 617-421-2551
307	External	Atrius Health -Cambridge	Atrius	CM PROGRAM ADMIN HOTLINE 781-292-7660 Teen Perron 978-287-9391	617-421-2547 617-421-2551
308	External	Atrius Health -Chelmsford	Atrius	CM PROGRAM ADMIN HOTLINE 781-292-7660 Joy Enoma 781-306-5206	617-421-2547 617-421-2551
309	External	Atrius Health -Medford	Atrius	CM PROGRAM ADMIN HOTLINE 781-292-7660 Kathy Boyd 978-977-4499 Sara Sherman 781-306-(8)5208	617421-2547 617-421-2551 617-421-2519
310	External	Atrius Health -Peobody	Atrius	CM PROGRAM ADMIN HOTLINE 781-292-7660 Debra Densmore 781-849-2408	617-421-2547 617-421-2551
311	External	Atrius Health - Quincy	Atrius	CM PROGRAM ADMIN HOTLINE 781-292-7660 Joy Enoma 781-306-5206	617-421-2547 617-421-2551

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312	External	Atrius Health -Somerville	Atrius	CM PROGRAM ADMIN HOTLINE 781-292-7660 Joy Enoma 781-306-5206	617-421-2547 617-421-2551
313	External	Atrius Health -Watertown	Atrius	CM PROGRAM ADMIN HOTLINE 781-292-7660 Julie Farian 781-431-5223	617-421-2547 617-421-2551
314	External	Atrius Health -Wellesley	Atrius	CM PROGRAM ADMIN HOTLINE 781-292-7660 Gina Racine 617-541-6556 Christine Roddy 781-431-(4)5227	617421-2547 617-421-2551 617-421-2516
315	External	Atrius Health -Chestnut Hill	Atrius	CM PROGRAM ADMIN HOTLINE 781-292-7660 Teen Perron 978-287-9391	617-421-2547 617-421-2551
316	External	Atrius Health - Concord	Atrius	CM PROGRAM ADMIN HOTLINE 781-292-7660 Joy Enoma 978-232-7062	617-421-2547 617-421-2551
319	External	Atrius Health -Beverly	Atrius	CM PROGRAM ADMIN HOTLINE 781-292-7660	617-421-2547 617-421-2551
321	External	Atrius Health -Needham	Atrius	CM PROGRAM ADMIN HOTLINE 781-292-7660 Laurie McPhillips 774-608-3709	617-421-2547 617-421-2551
322	External	Atrius Health -PMG	Atrius	CM PROGRAM ADMIN HOTLINE 781-292-7660 Laurie McPhillips 774-608-3709	617-421-2547 617-421-2551
323	External	Atrius Health -Taunton	Atrius	CM PROGRAM ADMIN HOTLINE 781-292-7660 Laurie McPhillips 774-608-3709	617-421-2547 617-421-2551
324	External	Atrius Health -Easton	Atrius	CM PROGRAM ADMIN HOTLINE 781-292-7660 Laurie McPhillips 774-608-3709	617-421-2547 617-421-2551
329	External	Reliant Med Grp HBPC	Reliant	Deb Sabatalo (Admin) - contact first 508-581-0044	508-453 8116
330	External	Reliant Medical Group, Inc. Auburn	Reliant	Deb Sabatalo (Admin) - contact first 508-581-0044	508-453-8116
333	External	Reliant Medical Group, Inc. Holden	Reliant	Deb Sabatalo (Admin) - contact first 508-581-0044	508-453-8116
334	External	Reliant Medical Group, Inc. Leominster	Reliant	Deb Sabatalo (Admin) - contact first 508-581-0044	508-453-8116
335	External	Reliant Medical Group, Inc. Milford	Reliant	Deb Sabatalo (Admin) - contact first 508-581-0044	508-453 8116
338	External	Reliant Medical Group, Inc. Webster	Reliant	Deb Sabatalo (Admin) - contact first 508-581-0044	508-453-8116

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339	External	Reliant Medical Group, Inc. Westboro	Reliant	Deb Sabatalo (Admin) - contact first 508-581-0044	508-453-8116
341	External	Reliant Medical Group, Inc. at Shrewsbury	Reliant	Deb Sabatalo (Admin) - contact first 508-581-0044	508-453-8116
342	External	Reliant Medical Group, Inc. at Worcester Plantation Street	Reliant	Deb Sabatalo (Admin) - contact first 508-581-0044	508-453-8116 5
343	External	Reliant Medical Group, Inc. at Worcester Medical Center	Reliant	Deb Sabatalo (Admin) - contact first 508-581-0044	508-453-8116
344	External	Reliant Long Term Care	Reliant	Deb Sabatalo (Admin) - contact first 508-581-0044	508-453-8116
438	External	Atrius Health -Weymouth	Atrius	CM PROGRAM ADMIN HOTLINE 781-292-7660 Gina Racine 617-421-8800	617-421-2547 617-421-2551
440	External	Reliant Med Grp Specialists new 1/1/23	Reliant	Deb Sabatalo (Admin) - contact first 508-581-0044	508-453-8116
1AT	External	Reliant Medical Group Framingham	Reliant	Deb Sabatalo (Admin) - contact first 508-581-0044	508-453-8116
1AV	External	Southboro Medical Associates Metrowest Framingham	Reliant	Deb Sabatalo (Admin) - contact first 508-581-0044 Cheryl Flynn 508-620-4238 Lauren Goeliner 508-872-1107	508-453-8116 508-620-6408
1IF	External	Atrius Health Norfolk	Atrius	CM PROGRAM ADMIN HOTLINE 781-292-7660 Gina Racine 617-421-8800	617-421-2547 617-421-2551
1CJ	External	Atrius Health -Quincy	Atrius	CM PROGRAM ADMIN HOTLINE 781-292-7660 Debra Densmore 781-849-2408	617-421-2547 617-421-2551
1CK	External	Atrius Health -Weymouth	Atrius	CM PROGRAM ADMIN HOTLINE 781-292-7660 Debra Densmore 781-849-2408	617-421-2547 617-421-2551
1DN	External	Atrius Health -Norwood	Atrius	CM PROGRAM ADMIN HOTLINE 781-292-7660 Julie Farian 781-431-5223	617-421-2547 617-421-2551
1DO	External	Atrius Health -Dedham	Atrius	CM PROGRAM ADMIN HOTLINE 781-292-7660 Gina Racine 617-421-8800	617-421-2547 617-421-2551
1DP	External	Atrius Health -Copley	Atrius	CM PROGRAM ADMIN HOTLINE 781-292-7660 Gina Racine 617-421-8800	617-421-2547 617-421-2551
1DQ	External	Atrius Health Kenmore	Atrius	CM PROGRAM ADMIN HOTLINE 781-292-7660 Gina Racine 617-421-8800	617-421-2547 617-421-2551

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1DR	External	Atrius Health - PO Square	Atrius	CM PROGRAM ADMIN HOTLINE 781-292-7660 Debra Densmore 781-849-2408	617-421-2547 617-421-2551
1DS	External	Atrius Health -Braintree	Atrius	CM PROGRAM ADMIN HOTLINE 781-292-7660 Teen Perron 978-287-9391 Judith Mannion 781-849-(6)2451	617*421-2547 617-421-2551 617-421-2522
1DT	External	Atrius Health - Burlington	Atrius	CM PROGRAM ADMIN HOTLINE 781-292-7660 Gina Racine 617-421-8800	617-421-2547 617-421-2551
1DU	External	Atrius Health -Cambridge	Atrius	CM PROGRAM ADMIN HOTLINE 781-292-7660 Teen Perron 978-287-9391	617-421-2547 617-421-2551
1DV	External	Atrius Health -Chelmsford	Atrius	CM PROGRAM ADMIN HOTLINE 781-292-7660 Joy Enoma 781-306-5206	617-421-2547 617-421-2551
1DW	External	Atrius Health -Medford	Atrius	CM PROGRAM ADMIN HOTLINE 781-292-7660 Kathy Boyd 978-977-4499 Sara Sherman 781-306-(8)5208	617421-2547 617-421-2551 617-421-2519
1DX	External	Atrius Health -Peobody	Atrius	CM PROGRAM ADMIN HOTLINE 781-292-7660 Debra Densmore 781-849-2408	617-421-2547 617-421-2551
1DY	External	Atrius Health - Quincy	Atrius	CM PROGRAM ADMIN HOTLINE 781-292-7660 Joy Enoma 781-306-5206	617-421-2547 617-421-2551
1DZ	External	Atrius Health -Somerville	Atrius	CM PROGRAM ADMIN HOTLINE 781-292-7660 Joy Enoma 781-306-5206	617-421-2547 617-421-2551
1EA	External	Atrius Health -Watertown	Atrius	CM PROGRAM ADMIN HOTLINE 781-292-7660 Julie Farian 781-431-5223	617-421-2547 617-421-2551
1EB	External	Atrius Health -Wellesley	Atrius	CM PROGRAM ADMIN HOTLINE 781-292-7660 Gina Racine 617-541-6556 Christine Roddy 781-431-(4)5227	617421-2547 617-421-2551 617-421-2516
1EC	External	Atrius Health -Chestnut Hill	Atrius	CM PROGRAM ADMIN HOTLINE 781-292-7660 Teen Perron 978-287-9391	617-421-2547 617-421-2551
1ED	External	Atrius Health - Concord	Atrius	CM PROGRAM ADMIN HOTLINE 781-292-7660 Joy Enoma 978-232-7062	617-421-2547 617-421-2551
1EE	External	Atrius Health -Beverly	Atrius	CM PROGRAM ADMIN HOTLINE 781-292-7660	617-421-2547 617-421-2551
1EF	External	Atrius Health -Needham	Atrius	CM PROGRAM ADMIN HOTLINE 781-292-7660 Laurie McPhillips 774-608-3709	617-421-2547 617-421-2551
1EG	External	Atrius Health -PMG	Atrius	CM PROGRAM ADMIN HOTLINE 781-292-7660 Laurie McPhillips 774-608-3709	617-421-2547 617-421-2551
1JD	External	Atrius Health -Taunton	Atrius	CM PROGRAM ADMIN HOTLINE 781-292-7660 Laurie McPhillips 774-608-3709	617-421-2547 617-421-2551
1JE	External	Atrius Health -Easton	Atrius	CM PROGRAM ADMIN HOTLINE 781-292-7660 Laurie McPhillips 774-608-3709	617-421-2547 617-421-2551
1EJ	External	Reliant Med Grp HBPC	Reliant	Deb Sabatalo (Admin) - contact first 508-581-0044 Lorretta Dyer, RN 508-721-1171 Diane Aubin, RN 508-721-1120 Kristen Gilchrist, RN 508-671-4065	508-453 8116

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1EK	External	Reliant Medical Group, Inc. Auburn	Reliant	Deb Sabatalo (Admin) - contact first 508-581-0044 Christine Polewarczyk, RN 508-721-1181	508-453-8116 508-453-8143 508-453-8022
1EL	External	Reliant Medical Group, Inc. Holden	Reliant	Deb Sabatalo (Admin) - contact first 508-581-0044 Susan Lammi, RN 978-466-3329 Christine Polewarczyk, RN 508-721-1181	508-453-8116 508-453-8014 508-453-8142
1EM	External	Reliant Medical Group, Inc. Leominster	Reliant	Deb Sabatalo (Admin) - contact first 508-581-0044 Karen Kemp, RN 508-671-4065 Stacey Ploof, RN 508-721-1149	508-453-8116 508-453-8078 508-453-8142
1EN	External	Reliant Medical Group, Inc. Milford	Reliant	Deb Sabatalo (Admin) - contact first 508-581-0044 Karen Kemp, RN 508-671-4065 Diane Aubin RN, 508-721-1120	508-453-8116 508-453-8081 508-453-8077
1EO	External	Reliant Medical Group, Inc. Webster	Reliant	Deb Sabatalo (Admin) - contact first 508-581-0044 Joy Day, RN 508-871-0794	508-453-8116 508-453-8081 508-453-8143
1EP	External	Reliant Medical Group, Inc. Westboro	Reliant	Deb Sabatalo (Admin) - contact first 508-581-0044	508-453-8116 508-453-8077
1EQ	External	Reliant Medical Group, Inc. at Shrewsbury	Reliant	Deb Sabatalo (Admin) - contact first 508-581-0044	508-453-8116
1ER	External	Reliant Medical Group, Inc. at Worcester Plantation Street	Reliant	Deb Sabatalo (Admin) - contact first 508-581-0044	508-453-8116 508-453-8067
1ES	External	Reliant Medical Group, Inc. at Worcester Medical Center	Reliant	Deb Sabatalo (Admin) - contact first 508-581-0044	508-453-8116
1HE	External	Reliant Long Term Care	Reliant	Deb Sabatalo (Admin) - contact first 508-581-0044	508-453-8116
1HW	External	Atrius Health -Weymouth	Atrius	CM PROGRAM ADMIN HOTLINE 781-292-7660 Gina Racine 617-421-8800	617-421-2547 617-421-2551
1HY	External	Reliant Med Grp Specialists new 1/1/23	Reliant	Deb Sabatalo (Admin) - contact first 508-581-0044	508-453-8116

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