

2024 Benefit Changes

Tufts Health Plan Senior Care Options

The following benefit changes apply to Tufts Health Plan Senior Care Options (SCO) members and are effective for dates of service on or after Jan. 1, 2024, upon the plan's effective or renewal date:

Summary of Benefit Changes:

- We are offering an enhanced over the counter (OTC) benefit under a new value-based insurance design (VBID) program that will replace existing OTC benefits offered under two separate programs/cards (DailyCare⁺ for groceries and other personal items, and Instant Savings card for Medicare eligible items). Key features of the enhanced OTC benefit include:
 - Single combined benefit that covers eligible items including groceries, personal hygiene items, and Medicare eligible items.
 - Members receive a single OTC card known as the Instant Savings card, which can be identified by its with purple banner and can be used to purchase eligible items at participating retailers including CVS, Walmart, Walgreens, Stop & Shop, and others, as well as online at Medline and Walmart.com.
 - Increased quarterly credit of \$425 loaded at the beginning of each quarter (unused balance at the end of the quarter does not roll over).
 - Eligible OTC items include non-prescription hearing aids and newly added OTC naloxone and at-home COVID test kits.
- In support of MassHealth guidance and regulations, Behavioral Health - Diversionary Services will be expanded to include Adult Residential Rehabilitation Services (RRS) for Substance Use Disorders (Level 3.1) and Program of Assertive Community Treatment (PACT).
- Removed referral requirement on diagnostic hearing exams.
- Expanded additional telehealth coverage to include physical therapy and speech-language pathology services.
- Covered therapeutic continuous glucose monitors (CGMs) include Dexcom and FreeStyle Libre products that are considered durable medical equipment (DME) by Medicare.
- Medicare Part B Step Therapy drugs will include botulinum toxins and endocrine disorder drugs.
- Fleet Prep kits (w/o enema) will no longer be covered under our additional OTC prescription coverage.

Please keep in mind that this is only a summary of benefit changes. Before services are rendered, providers are reminded to check member benefits using Tufts Health Plan's [secure provider portal](#) or other self-service tool, even for members seen on a regular basis.