

Asthma Medication Ratio (AMR)



Point32Health's HEDIS Tip Sheets offer insights into specific HEDIS measures. The best practices and tips can optimize HEDIS scores and identify opportunities to improve patient care.

The AMR measure assesses adults and children aged 5–64 who were identified as having persistent asthma and had a ratio of controller medications to total asthma medications of 0.50 or greater during the year.



Provider Best Practices

- Educate patients on the following:
 - The difference between controller and rescue medications/inhalers
 - The importance of controller medications in their treatment plan
 - Utilizing more controller (preventive) medication instead of rescue medications to manage their asthma
 - Identification and avoidance of triggers
- Create and review an asthma action plan to help patients understand how to manage their symptoms and medications
- Verify that the patient's diagnoses are coded correctly
- Regularly evaluate patient's inhaler technique
- Ask the patient if they have any barriers to filling their prescriptions



Additional Resources

- Mass.gov's [Asthma Resources page](#) details a list of state and national asthma resources.
- US EPA's [Publications about Asthma page](#) provides information that providers can share with their patients such as the asthma home environment checklist.
- [The Asthma and Allergy Foundation of America's website](#) offers a variety of programs and resources, including information on asthma management and environmental triggers, access to research, and advocacy opportunities to address key policy issues.
- The CDC's [Asthma Page](#) contains a wide range of information including details of their national asthma control program and asthma surveillance data, as well as identifies other agency resources working on asthma.

Did you know?



- Recent studies have identified AMR as a significant predictor of ED visits and hospitalizations in children.
- Using AMR to identify at-risk patients may be an effective way to target interventions for those populations and reduce future asthma-related emergency visits.

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