### **HEDIS®** Tip Sheet

## Child and Adolescent Well-Care Visits (WCV)



Point32Health's HEDIS Tip Sheets outline key features of specific HEDIS measures. These best practices and tips can optimize HEDIS scores and identify opportunities to improve patient care.

The WCV measure assesses children 3-21 years of age who had one or more comprehensive well-care visits with a primary care practitioner or an OB/GYN practitioner during the measurement year.



### **Provider Best Practices**

- **Contact** patients/parents/caregivers who are due for annual visits to schedule appointments.
- **Keep** in mind that preventive services do not have to occur on well visits only.
  - A sick visit may be the only time the patient is seen in the measurement year. Well-child preventive services can be provided and count toward the measure, even if that is not the primary intent of the visit.
  - Well-care services can also be provided during a follow-up visit or during a sports or school physical, if clinically appropriate.
- **Set up** gap alerts to assist with the care management of your patients.
  - Outreach to patients to schedule well-care visits during school breaks, summer vacations, and holidays.
- Consider extended office hours to accommodate parent/caregiver schedules.
- Provide appointment reminders to patients by phone and/or text.
- Follow up on missed appointments and reschedule as soon as possible.
- Provide patient/parent/caregiver education on the importance of preventive visits to assess growth and development and to provide immunizations and anticipatory guidance on nutrition, physical activity, and safety.
- **Components** of a WCV should include a health history, physical development history, and mental development history along with:
  - A physical exam (including height, weight, and BMI percentile)
  - · Health education and anticipatory guidance



#### **Additional Resources**

The <u>American Academy of Pediatrics Patient Care</u> pages provide treatment guidance, policy recommendations, and other helpful information.

# Did you know?



High-quality primary care services have been found to significantly reduce children's non-urgent emergency room visits.

Assessment of physical, emotional, and social development at every stage of life yields critical growth information for health care providers, educators, and families.

Well-care visits provide an important opportunity for behavioral health screening and early identification of potential mental health conditions.





