Insights and Updates for Providers

January 2024

A streamlined web experience is on the way!

All products

Improving the experience of the providers and practice staff in our network is top of mind, and we're working on delivering a more seamless, convenient provider website in the coming month.

We'll be moving the policies you access most — medical necessity guidelines, medical drug policies, payment policies, Provider Manuals, and pharmacy medical necessity guidelines — from the legacy brand provider sites to our Point32Health provider page in late January and early February.

With this change, you'll be able to head to one spot to access policies, rather than accessing policies on both the Harvard Pilgrim Health Care and Tufts Health Plan provider websites. With filtering by product capability, our policy pages will still make it simple for you to find policies by product line.

Bringing similar content together from the Harvard Pilgrim Health Care and Tufts Health Plan provider sites will be a time-saver for administrative staff, and we plan to continue to migrate legacy brand provider content in the months ahead for a more efficient experience.

Look for more information in upcoming issues of *Insights and Updates for Providers*.



2024 Physician Group Honor Roll announced

Harvard Pilgrim Health Care Commercial

For 22 years, Harvard Pilgrim Health Care has used its annual Physician Group Honor Roll to acknowledge physician groups in our commercial provider network for achieving exceptional results in their approach to disease prevention and the treatment of acute and chronic illness for both adult and pediatric patients.

As we've announced in previous communications, Point32Health is working to deliver a more unified product portfolio for our commercial markets business by migrating Tufts Health Plan commercial members and accounts to Harvard Pilgrim commercial products. As we progress through that work, we're continuing the longstanding tradition of highlighting clinical excellence, and would like to congratulate the 53 physician groups in Harvard Pilgrim's commercial network named to our 22nd annual Physician Group Honor Roll.

We selected the Honor Roll physician groups based on clinical performance measured against NCQA's national HEDIS quality benchmarks in three domains of clinical care: acute, chronic, and preventive care. Physician groups were identified as Honor Roll practices based on performance on 15 measures, such as appropriate treatment for children with upper respiratory infection, comprehensive diabetes care, and breast cancer screenings. Sixteen practices achieved "With Distinction" status, meaning they exceeded NCQA's national 90th percentile in these domains of clinical care.

Honor Roll physician groups are noted in Harvard Pilgrim's Provider Directory, enabling members to evaluate and select providers based on quality and safety performance. You can view the complete list of this year's recipients and learn more about Harvard Pilgrim's methodology here.

Introducing mindfulness webpage for healthcare providers

All products

Looking for mindfulness information to benefit you and your practice staff? Our Mind the Moment for Providers program is designed to address the challenges faced by healthcare professionals and staff. Our offerings include seminars, retreats, trainings, and self-guided exercises to relieve the symptoms of burnout and enhance well-being.

In addition, we can customize our programs to fit the needs of your practice and adapt them to provide Continuing Education Units for participants.

As Mind the Moment programming for 2024 continues to unfold, we'll keep you posted on training and events, including details on a CEU-eligible program from <u>Dr. Jud Brewer</u>, MD, Ph.D., New York Times best-selling author and thought leader in the field of habit change.

We look forward to sharing our expanded mindfulness offerings with you and encourage you to explore those we've featured in the past. If you haven't already, be sure to check out the <u>Peak Mind Challenge</u>, a video series showcasing the research of neuroscientist and mindfulness expert <u>Dr. Amishi Jha</u>, whose mindfulness-based methods can help us train our attention to improve brain power, mood, and performance in just 12-minutes a day.

Washington Bridge (I-195) westbound closure

RI products

On Dec. 11, 2023, the Rhode Island Department of Transportation (RIDOT) announced the temporary closure to the westbound side of the Washington Bridge, which connects Providence and East Providence, for emergency repairs. RIDOT projects that the westbound lanes will remain closed for 2-3 weeks, with the return to normal traffic flow expected to take several months.

During this time, significant delays are expected which may impact the ability for patients to reach their appointments. To reduce barriers to care, we ask that you allow for maximum flexibility in accommodating patients who are affected by this closure. This may include:

- Offering alternative ways to access care, such as telemedicine services
- Continuing to see patients who arrive late to their appointment
- Keeping your patients informed on the bridge closure before their appointment

Additionally, Rhode Island Executive Office of Health and Human Services recently reminded providers that imposing late fees, balance billing, and/or termination of Medicaid members who miss or are late to appointments due to the bridge closure is not permitted.

For the latest information about the bridge closure, visit the <u>RIDOT website</u>. For information on telehealth/ telemedicine billing, refer to the Harvard Pilgrim and Tufts Health Plan Telehealth/Telemedicine Payment Policies.



Expanding our kidney health management program

Fully Insured Commercial Products | Tufts Health Direct

Point32Health collaborates with Monogram Health for in-home chronic kidney disease (CKD) stages 3b–5 and end-stage renal disease (ESRD) provider and care management services. As a reminder, we've expanded this program to include Tufts Health Direct members as of Jan. 1. 2024. Previously, this program was available only to our fully insured commercial members.

Monogram Health is a leading value-based provider of in-home nephrology, primary care, and benefit management services for individuals with CKD and ESRD. As the management of CKD often results in poor outcomes and high costs, our collaboration focuses on identifying and addressing CKD earlier by leveraging analytics, multidisciplinary medical management, and industry expertise.

For more information

To learn more about our kidney health management program, please refer to this <u>FAQ</u>. Monogram Health will also be hosting several webinars to provide an overview of the program. To register, click the session of your choice:

- Tuesday, January 16 from noon-12:30 p.m.
- Wednesday, January 31 from 4:30-5 p.m.



RI Medicaid screening deadlines

Tufts Health RITogether

If you are a Rhode Island Medicaid provider who hasn't completed screening and enrollment with the state Medicaid program, please do so prior to Feb. 1, 2024 to ensure that you can continue to participate in our Tufts Health RITogether network.

The 21st Century Cures Act requires that states screen and enroll all providers rendering services to Medicaid members, regardless of specialty. Information on this requirement has been mailed to Rhode Island Medicaid providers and was included in previous issues of our provider newsletter.

Rhode Island Medicaid providers should be aware of the following deadlines established by the Rhode Island Executive Office of Health and Human Services (EOHHS):

- Tufts Health Plan must deny claims for Rhode Island Medicaid providers who are not enrolled with the state's Medicaid program for claims with dates of service on or after Nov. 1, 2023.
- If Rhode Island Medicaid providers do not complete screening and enrollment with the state's Medicaid program **before Feb. 1, 2024**, they will no longer be eligible to provide services to our Medicaid-eligible members, and Tufts Health Plan will be required to terminate you from the Tufts Health Public Plans network.

Your participation in our other lines of business may be affected, subject to Rhode Island regulations

How to complete your screening and enrollment

We encourage unscreened providers to complete screening and enrollment with Rhode Island Medicaid as soon as possible — to allow you to receive reimbursement for Tufts Health RITogether members and to ensure you can remain in our Tufts Health Public Plans network in the future.

The application for enrollment/screening can be accessed directly on the RI Medicaid Healthcare Portal (www.riproviderportal.org). You'll also find a Provider Enrollment User Guide there, and additional information can be found on the RI EOHHS website (https://eohhs.ri.gov/providers-partners/provider-enrollment). If you have any other questions or concerns that are not answered by the Provider Enrollment User Guide, please contact the RI Medicaid Customer Service Help Desk at 800-964-6211.

Reminder: Psychological testing and TMS

Harvard Pilgrim and Tufts Commercial | Tufts Health Plan Commercial | Tufts Health Public Plans

To avoid delays, we are reminding providers to complete and attach the relevant <u>Psychological and Neuropsychological Assessment</u> and/or <u>Repetitive Transcranial Magnetic Stimulation</u> form(s) when initiating prior authorization requests to perform these services for patients.

We encourage providers to request prior authorization through the <u>HPHConnect</u> and <u>Tufts Health Plan</u> secure portals.

However, you may fax requests and accompanying documents for Harvard Pilgrim Health Care members to 800-232-0816. Fax numbers for Tufts Health Plan prior authorization requests vary by plan and can be found—along with coverage criteria details—within the Psychological Testing and Assessment, and Transcranial Magnetic Stimulation (rTMS) Medical Necessity Guidelines. Please note that prior authorization for rTMS is not required for members of the Tufts OneCare Plan (formerly called Tufts Health Unify).



Behavioral Health hub for members

Harvard Pilgrim Health Care Commercial

With the launch of Harvard Pilgrim Health Care's insourced behavioral health program on Nov. 1, we have developed a new resource for Harvard Pilgrim members looking for information on behavioral health topics.

Our dedicated <u>Behavioral Health hub</u> enables members to learn more about common behavioral health conditions, diagnoses, and treatments; locate nearby behavioral health providers and specialists; research virtual visit options; and connect with crisis support resources.

Your patients will also find information on Point32Health's service navigation, care management, and trauma resource programs, all of which offer personal support to members searching for behavioral health care recommendations and coordination of care services.

We encourage you to communicate this valuable resource to your staff and share with the patients and families in your care. \triangle

Reminder: Model of Care Training

Tufts Health Plan Senior Care Options

As communicated in our November issue, Tufts Health Plan Senior Care Options (SCO) PCPs and high-volume specialists are required by the Commonwealth of Massachusetts and the Centers for Medicare and Medicaid Services (CMS) to complete the Annual SCO Model of Care training by **Jan. 30, 2024***. This <u>training</u>, which is available on our Point32Health provider website, covers Tufts Health Plan SCO's Model of Care goals, team member responsibilities, levels of care guidelines, performance measures, and more.

Following the training, you will be asked to attest to your participation by completing a short survey.

* The Required Care Model Training reminder letter you recently received from Tufts Health Plan incorrectly states Jan. 15, 2023, as the due date for training completion. The correct date is Jan. 30, 2024. ▲

Important tips to minimize denials

Harvard Pilgrim Health Care Commercial

As we continue migrating Tufts Health Plan commercial members to Harvard Pilgrim Health Care commercial products, we want to offer the following tips to ensure a smooth process and accurate claims reimbursement.

General tips

Ask for the member's ID card: Every member who has a medical plan change will receive a new member ID card, as part of our standard open enrollment and renewal processes. Members are always instructed to present any new member ID card that they receive to their providers to ensure accuracy in billing, claims, and payments. We also encourage your practice's office staff to request an up-to-date copy of the member's ID card at the time of service. The Member Identification Cards policy in our Harvard Pilgrim commercial Provider Manual offers details on member ID cards and a sample image.

Check eligibility: Verifying eligibility is essential to determine coverage, deductibles, and copayments. Harvard Pilgrim recommends that providers verify member eligibility, electronically or by telephone, at the point of service. You can check the eligibility of Harvard Pilgrim Health Care commercial members electronically via HPHConnect, our secure provider portal, or the EDI network NEHEN. Please refer to the Determining Eligibility policy in the Harvard Pilgrim commercial Provider Manual for more details.

Requesting PA for services at facilities

When submitting an authorization request to Harvard Pilgrim via HPHConnect, please keep in mind that if the service is being performed at a facility (such as a surgical day center, ambulatory surgicenter, outpatient hospital, etc.) it's important to list the facility NPI in the servicing/billing provider field. If a physician is listed in this field, rather than the facility, your claim will deny.

Please only include the provider in this field if the service is being performed in the medical provider's office.



Ovia Health's Family & Maternal Health Solutions

Harvard Pilgrim Health Care Commercial | Tufts Health RITogether | Tufts Health Together

Ovia Health, a wellness family health solution, will now be made available to Tufts Health Together and Tufts Health RITogether members. It remains available to Harvard Pilgrim Health Care commercial members as well.

Ovia's solutions are designed to support and guide patients with reproductive health, pregnancy, and parenting resources via three apps: Ovia, Ovia Pregnancy, and Ovia Parenting. Tufts Health Plan Together and RITogether members can download any of the apps to access health tracking; articles and resources; clinical programs on topics such as birth planning, breast feeding and mental health; and tips, as well as one-on-one in-app messaging to registered nurses, doulas, midwives, and lactation and breastfeeding specialists.

The apps include:

- Ovia: Supports for reproductive health, fertility, and menopause
- Ovia Pregnancy: Monitors the baby's growth, tracks pregnancy milestones, and identifies warning signs and when patients should call the doctor
- Ovia Parenting: Provides support for postpartum health and the return-to-work process, in addition to allowing members to connect with a community for every stage of the parenting journey. Also provides age-specific personalized guidance and wellness recommendations for children and adolescents up to age 17 years

Patients interested in accessing Ovia may simply download one of the apps (Ovia, Ovia Pregnancy, or Ovia Parenting) on a mobile device through the Apple App Store, or Google Play. The app will then walk users through the process of creating an account, including selecting their health plan.

Reminder: Referrals for USFHP should be updated

US Family Health Plan (USFHP)

With the new year ahead, it's important for primary care physicians to keep in mind that referrals to specialists for USFHP members expire as of Dec. 31, 2023. To ensure that your patients have access to these services, please submit a new referral at the beginning of the 2024 plan year for specialty services, including physical therapy, occupational therapy, and speech therapy.

For services that don't require authorization, you may submit a specialty referral for in-network specialists in one of the following ways:

- Electronically, using Tufts Health Plan's secure website, NEHEN, NEHENNet, or Emdeon™
- By mail, to PO Box 495, Canton, MA 02021-0495. USFHP uses W.B. Mason to print paper referral forms. To request these, please use the W.B. Mason Provider Forms Requisition Form and follow the instructions on the form to complete your order.

Tufts Health Plan is the third-party administrator for USFHP, a TRICARE® plan available to families of active-duty service members, eligible retired service members, and their families. Visit the USFHP website for additional information about USFHP, including the USFHP Provider Manual.

For more information, see the USFHP Referral Guide.



How to best reach contacts via email

All products

Your correspondence is important to us, and the best way to ensure your emails reach us is by using the @point32health.org domain.

With the combination of Harvard Pilgrim Health Care and Tufts Health Plan under our Point32Health parent organization, we updated our email addresses from the previous domains (@harvardpilgrim.org and @tufts-health.com) to the @point32health domain.

While forwarding is typically in place, please take a moment to update your email contacts with the @point32health.org domain to safeguard that your emails reach the intended recipient.

Billing for COVID-19

Harvard Pilgrim Stride (HMO) Medicare Advantage | Tufts Health One Care | **Tufts Health Plan Senior Care Options | Tufts Medicare Preferred**

Modifier CS was designated by the Centers for Medicare & Medicaid Services to be used to identify applicable services subject to the cost-sharing waiver during the federal COVID-19 Public Health Emergency (PHE). As the PHE ended on May 11, 2023 and Point32Health returned to many pre-pandemic operations and policies, modifier CS should no longer be used. Claims submitted with modifier CS appended may result in a claim denial.

Maine mandate and new coverage for donor breast milk

Harvard Pilgrim Health Care Commercial

In accordance with a recent Maine mandate (An Act to Require Private Insurance Coverage for Donor Breast Milk), effective for dates of service beginning Jan. 1, 2024, benefits for pasteurized donor breast milk will be provided for eligible infants in Maine under 12 months old, as outlined in their Harvard Pilgrim Health Care member's Benefit Handbook.

The use of donor breast milk can be beneficial for high-risk infants, primarily low birth weight infants or those with a severe intestinal disorder. Pasteurized donor milk provides the nutritional and immunologic benefits of breast milk and reduces infectious complications in preterm or low birthweight infants compared to formula milk.

Prior authorization is not required. For additional information, please refer to the <u>Donor Breast Milk Medical</u> Necessity Guidelines. \triangle

Join us for a training

All products

We invite you to join one of our many training sessions for you and your office staff. We will be offering several interactive webinars you can join throughout the month of January, and if those aren't convenient for you, we offer educational videos on demand. Register for webinars by simply clicking the links below.

Point32Health

Tools and resources for behavioral health providers

- Thursday, Jan. 4 from 10–11 a.m. ET
- Friday, Jan. 12 from noon-1 p.m. ET
- Tuesday, Jan. 16 from 4-5 p.m. ET
- Monday, Jan. 22 from 11 a.m.-noon ET

Navigating the provider websites

Tuesday, Jan. 9 from 11-noon ET

Provider payment dispute overview

• Tuesday, Jan. 30 from 1-2 p.m. ET

Referral, prior authorization, and notification overview

• Thursday, Jan. 18 from 10-11 a.m. ET

Harvard Pilgrim Health Care

Ocean State Access America: <u>Thursday</u>, <u>Jan. 25 from noon–1 p.m. ET</u>

Tufts Health Plan

- Tufts Health Public Plans overview: Thursday, Jan. 11 from 10-11 a.m. ET
- Tufts Health Senior Care Options (SCO) overview: Tuesday, Jan. 23 from 10-11 a.m. ET

Monogram Health

- Tuesday, Jan. 16 from noon-12:30 p.m.
- Wednesday, Jan. 31 from 4:30–5 p.m. ▲

Help us keep directory information up to date

All products

Provider directories are an important resource for health care consumers, who utilize them to select providers, make appointments, and access care. In accordance with the No Surprises Act of 2021, providers should review and revalidate their information every 90 days to ensure accuracy of the Provider Directory. Failure to review and update information at least quarterly may result in directory suppression until such information is validated.

On at least a quarterly basis, providers should make sure to review and verify the accuracy of their information displayed in our <u>Harvard Pilgrim Health Care</u> and <u>Tufts Health Plan</u> provider directories (including practice location, phone number, hours of operation, ability of each individual provider to accept new patients, and any other information that affects the content or accuracy of the directories).

Changes to data should be reported via the <u>CAQH Provider Data Portal</u> (formerly known as CAQH ProView) for those who have implemented it.

If your practice has not yet implemented CAQH, please report changes to demographic data to Harvard Pilgrim and/or Tufts Health Plan by:

- Submitting a <u>Provider Change Form</u> to Harvard Pilgrim's Provider Processing Center for Harvard Pilgrim products by email at <u>PPC@point32health.org</u>, or;
- Submitting a <u>Medical</u> or <u>Behavioral Health</u> Provider Information Form to
 <u>provider_information_dept@point32health.org</u> for Tufts Health Plan commercial or Senior Products or
 to <u>provider_data_request@point32health.org</u> for Tufts Health Public Plans products. (For Rhode Island
 commercial products, please use the following email box: <u>RIProviderEnrollment@point32health.org</u>.)

(Please keep in mind that if your practice participates in both the Harvard Pilgrim and Tufts Health Plan provider networks, you will need to report demographic data changes to both plans as identified above.)

If Point32Health identifies potentially inaccurate provider information in the directories, we may outreach to your practice to validate or obtain accurate information. If we are unable to obtain a timely response, the provider record may be subject to suppression in the directories until up-to-date information is received.

Reminder: new attestation form for Harvard Pilgrim-contracted facilities

As we announced previously, there is also a new attestation form available for facilities on Harvard Pilgrim's secure provider portal, <u>HPHConnect</u>, which allows facilities to confirm that their information is accurate every 90 days to avoid directory suppression. For step-by-step instructions on how to complete the attestation form, please refer to the <u>Completing the Provider Attestation User Guide</u>.

Additional information

For additional information, please refer to the updated Directory Accuracy and Suppression of Unverified Provider Information policies for Harvard Pilgrim StrideSM (HMO)/(HMO-POS) Medicare Advantage plans.

Point32Health Medical Necessity Guideline updates

All products

Updates to Medical Necessity Guidelines (MNG)					
MNG Title	Products Affected	Effective Date	Summary		
<u>Laser Vision Correction</u> <u>Surgery</u>	Tufts Health One Care	Jan. 1, 2024	MNG updated to remove reference to Tufts Health One Care as an applicable product, consistent with benefits for this product. As a result, codes 65772, 65775, S0800, S0810, and S0812 are not covered for Tufts Health One Care.		
Tumor Treating Fields (Harvard Pilgrim) Tumor Treating Fields (Tufts Health Plan)	Harvard Pilgrim Health Care commercial, Tufts Health Plan commercial, Tufts Health Public Plans	Jan. 1, 2024	Prior authorization is no longer required, and the policy will be maintained only as a coverage guideline.		
Bronchial Thermoplasty	Harvard Pilgrim Health Care commercial, Tufts Health Plan commercial, Tufts Health Public Plans	Jan. 1, 2024	Prior authorization is no longer required, and the associated MNG has been retired.		
Implantable Pulmonary Artery Pressure Monitor (CardioMEMS) (Harvard Pilgrim) Implantable Pulmonary Artery Pressure Monitor (CardioMEMS) (Tufts Health Plan)	Harvard Pilgrim Health Care commercial, Tufts Health Plan commercial, Tufts Health Direct, Tufts Health Together, Tufts Health RITogether	Mar. 1, 2024	New MNG outlining coverage of CardioMEMS HF (Heart Failure), an implantable pulmonary artery pressure monitor system. Codes 33289, 93264, and C2624 are now covered, and prior authorization is required.		
Clinical Review of Dental Services in Medical Benefit	Harvard Pilgrim Health Care commercial	Jan. 1, 2024	Minor criteria updates to provide greater clarity regarding the definition of emergency dental care, as well as coverage of the use of general anesthesia and monitored anesthesia care.		
Manual Wheelchairs for Tufts Health Together, Tufts Health RITogether, and Tufts Health One Care	Tufts Health Together, Tufts Health RITogether, Tufts Health One Care	Jan. 1, 2024	MNG updated to align with national coverage determinations and local coverage determinations, as well as guidelines from MassHealth and the Executive Office of Health and Human Services. Among other updates: Power elevating seat (E2301) is now covered		

Updates to Medical Necessity Guidelines (MNG)					
MNG Title	Products Affected	Effective Date	Summary		
			 Criteria for power-assisted standing system added 		
			 Coverage limitation removed from home modification 		
			 Power wheelchair seat cushion now covered with prior authorization for Tufts Health RITogether and Tufts Health One Care 		
			Group 4 power wheelchair limitation removed for Tufts Health RITogether		
Power Operated Vehicles (POVs) for Tuffs Health Together	Tufts Health Together, Tufts Health	Jan. 1, 2024	Criteria replaced by local coverage determinations and guidelines from the Executive Office of Health and Human Services.		
Tufts Health Together, Tufts Health RITogether, and Tufts Health One Care	RITogether, Tufts Health One Care		Limitation removed from home modification limitation, and HCPCS codes K0812 and E1230 have been removed from the policy and will no longer require prior authorization.		
Hematopoietic Stem Cell Transplantation	Tufts Health Plan commercial, Tufts Health Public Plans	Jan. 1, 2024	Removing a number of codes from the MNG. Some of the codes previously required prior authorization, and some did not, but prior authorization is no longer required for any of the following: 38208, 38209, 38210, 38211, 38212, 38213, 38214, 38215, 38242, S2140, S2142, S2150		
Dental Implants	Tufts Health Plan commercial	Jan. 1, 2024	Minor language clarification related to authorization of coverage.		
Donor Breast Milk for Maine Products	Harvard Pilgrim commercial (Maine only)	Jan. 1, 2024	New clinical coverage guideline created in support of the recent Maine state mandate. For Harvard Pilgrim commercial members living in Maine or who have a Maine based plan, pasteurized, banked donor breast milk (HCPCS code T2101) may be considered reasonable and medically necessary and covered without prior authorization when the criteria on the policy have been met.		

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Pharmacy program reminders

Harvard Pilgrim and Tufts Commercial | Tufts Health Direct | Tufts Health Plan Commercial | Tufts Health RITogether | Tufts Health Together

Point32Health would like to offer a number of reminders pertaining to our Pharmacy program.

Basal insulins coverage

Tufts Health RITogether

As we outlined in the <u>November issue of Insights and Updates for Providers</u>, effective Jan. 1, 2024 for Tufts Health RITogether, Basaglar (insulin glargine) KwikPen was moved to noncovered status. Prior authorization is required for new and existing utilizers. As of the Jan. 1 effective date, insulin glargine-yfgn vial and pen is covered without prior authorization. Please keep in mind that insulin glargine-yfgn is not interchangeable with Basaglar KwikPen at the pharmacy, and therefore a new prescription is required.

Inhaled Corticosteroid Inhalers

Tufts Health Together

Please keep in mind that brand name Flovent HFA (fluticasone propionate) and Flovent Diskus was discontinued at the end of 2023, and MassHealth has consequently made the following coverage updates in the inhaled corticosteroid inhaler class, effective Dec. 4, 2023:

- Brand Flovent HFA and Flovent Diskus continue to be covered without prior authorization. Members can fill
 brand Flovent HFA and brand Flovent Diskus until the supply runs out.
- Generic Flovent HFA and generic Flovent Diskus are not preferred and require prior authorization. Approval
 criteria for generic Flovent require documentation of an asthma diagnosis and trial and failure with at least two
 inhaled corticosteroids available without prior authorization.
- Arnuity Ellipta (fluticasone furoate inhalation powder) no longer requires prior authorization. Asmanex HFA
 (mometasone inhalation aerosol), Asamanex Twisthaler (mometasone inhalation powder) and Pulmicort
 Flexhaler (budesonide inhalation powder) continue to be covered without prior authorization.

Members already stable on brand Flovent inhalers may use generic fluticasone inhalers until March 4, 2024 to allow for a transition period while they are switched to another inhaler. After that time, generic fluticasone propionate inhalation powder will require prior authorization for all members. Beginning March 4, 2024, generic fluticasone propionate inhalation aerosol will be covered for members four years of age and younger; members five years of age and older will continue to require prior authorization.

Harvard Pilgrim commercial, Tufts Health Plan commercial, Tufts Health Direct

As noted above, brand Flovent HFA and Flovent Diskus inhalers were discontinued at the end of 2023 and moved to non-formulary status. Alternative covered inhalers on our Commercial and Direct formularies include Arnuity Ellipta, Pulmicort Flexhaler, and Qvar Redihaler.

However, we will continue to cover the authorized fluticasone propionate HFA inhaler for young pediatric members up to 6 years of age who require access to an HFA formulation. Once the member turns 7, step therapy will apply. Please consider prescribing one of the preferred inhalers listed above for members 7 and older.

Point32Health medical drug program updates

All products

New prior authorization programs			
MNG title	Products affected	Effective date	Summary
Izervay (Harvard Pilgrim commercial) Izervay (Tufts Health Plan commercial, Tufts Health Direct, Tufts Health RITogether, Tufts Health Together) Izervay (Harvard Pilgrim Stride SM (HMO)/(HMO-POS) Medicare Advantage) Izervay (Tufts Medicare Preferred, Tufts Health Plan Senior Care Options, Tufts Health One Care	Harvard Pilgrim commercial, Tufts Health Plan commercial, Tufts Health Direct, Tufts Health RITogether, Tufts Health Together, Harvard Pilgrim Stride SM (HMO)/ (HMO-POS) Medicare Advantage, Tufts Medicare Preferred, Tufts Health Plan Senior Care Options, Tufts Health One Care	Jan. 1, 2024	Prior authorization is now required for Izervay (HCPCS C9162), approved August 2023, for the treatment of geographic atrophy secondary to age-related macular degeneration.
Daxxify (Harvard Pilgrim commercial) Daxxify (Tufts Health Plan commercial, Tufts Health Direct, Tufts Health RITogether) Daxxify (Harvard Pilgrim Stride SM (HMO)/(HMO-POS) Medicare Advantage) Daxxify (Tufts Medicare Preferred, Tufts Health Plan Senior Care Options, Tufts Health One Care	Harvard Pilgrim commercial, Tufts Health Plan commercial, Tufts Health Direct, Tufts Health RITogether, Harvard Pilgrim Stride SM (HMO)/ (HMO-POS) Medicare Advantage, Tufts Medicare Preferred, Tufts Health Plan Senior Care Options, Tufts Health One Care	Jan. 1, 2024	Prior authorization is now required for Daxxify (HCPCS C9160), approved August 2023, for the treatment of cervical dystonia in adult patients.
Part B Step Therapy Policy (Harvard Pilgrim) Part B Step Therapy Policy (Tufts Health Plan)	Harvard Pilgrim Stride SM (HMO)/ (HMO-POS) Medicare Advantage, Tufts Medicare Preferred, Tufts Health Plan Senior Care Options, Tufts Health One Care	Jan. 1, 2024	Step Therapy is now required for Eylea HD (HCPCS C9161), approved August 2023, for the treatment of neovascular (wet) age-related macular degeneration, diabetic macular edema, and diabetic retinopathy.
Roctavian (Harvard Pilgrim commercial, Harvard Pilgrim Stride SM (HMO)/(HMO-POS) Medicare Advantage) Roctavian (Tufts Health Plan commercial, Tufts Health Direct, Tufts Health RITogether, Tufts Medicare Preferred)	Harvard Pilgrim commercial, Tufts Health Plan commercial, Tufts Health Direct, Tufts Health RITogether, Harvard Pilgrim Stride SM (HMO)/ (HMO-POS) Medicare Advantage, Tufts Medicare Preferred Tufts Health	Jan. 1, 2024	Prior authorization is now required for Roctavian (HCPCS J1412), approved June 2023 for the treatment of adults with severe Hemophilia A.

New prior authorization programs			
MNG title	Products affected	Effective date	Summary
Roctavian (Tufts Health Plan Senior Care Options, Tufts Health One Care)	Plan Senior Care Options, Tufts Health One Care		
Vyjuvek (Harvard Pilgrim commercial) Vyjuvek (Tufts Health Plan commercial, Tufts Health Direct, Tufts Health RITogether) Vyjuvek (Tufts Health Together) Vyjuvek (Harvard Pilgrim Stride SM (HMO)/(HMO-POS) Medicare Advantage) Vyjuvek (Tufts Medicare Preferred, Tufts Health Plan Senior Care Options, Tufts Health One Care)	Harvard Pilgrim commercial, Tufts Health Plan commercial, Tufts Health Ritogether, Tufts Health Together, Harvard Pilgrim Stride SM (HMO)/(HMO-POS) Medicare Advantage, Tufts Medicare Preferred Tufts Health Plan Senior Care Options, Tufts Health One Care	Jan. 1, 2024	Prior authorization is now required for Vyjuvek (HCPCS J3401), approved May 2023 for members 6 months of age and older with dystrophic epidermolysis bullosa with pathogenic variant(s) in the collagen type VII alpha 1 chain (COL7A1) gene.
Elevidys (Harvard Pilgrim commercial) Elevidys (Tufts Health Plan commercial, Tufts Health Direct, Tufts Health RITogether, Tufts Health Together)	Harvard Pilgrim commercial, Tufts Health Plan commercial, Tufts Health Direct, Tufts Health RITogether, Tufts Health Together	Jan. 1, 2024	Prior authorization is now required for Elevidys (HCPCS J1413), approved June 2023 for the treatment of ambulatory pediatric patients aged 4 through 5 years with Duchenne muscular dystrophy (DMD) with a confirmed pathogenic variant in the DMD gene.
Omisirge (See <u>Unified Policies</u> <u>MNG</u> for more details.)	Tufts Health Together	Jan. 2, 2024	Prior authorization is now required for Omisirge (HCPCS J3590), approved April 2023 for use in adults and pediatric patients 12 years and older with hematologic malignancies who are planned for umbilical cord blood transplantation following myeloablative conditioning to reduce the time to neutrophil recovery and the incidence of infection.
<u>Pluvicto</u>	Tufts Health Plan commercial, Tufts Health Direct, Tufts Health RITogether	Mar. 1, 2024	Prior authorization is now required for Pluvicto (HCPCS A9607), approved March 2022 for

New prior authorization programs						
MNG title		Products affected		Effective da	ate	Summary
						for the treatment of adult patients with prostate-specific membrane antigen (PSMA) – positive metastatic castration-resistant prostate cancer (mCRPC) who have been treated with androgen receptor (AR) pathway inhibition and taxane-based chemotherapy.
Rykindo Updates to existing pri	or authorization	Tufts Health Together		Mar. 1, 20	24	Prior authorization is now required for Rykindo (HCPCS J3490) approved January 2023, for the treatment of schizophrenia and bipolar I disorder.
Drug(s)	Products affect		Eff	. date	Ро	licy & additional Information
Hemgenix	Tufts Health Together		Jai	Jan. 2, 2024 Hemgenix will continue to require prior authorization bu will now use MassHealth coverage criteria. See Unified Policies MNG for more detail		quire prior authorization but I now use MassHealth verage criteria. See <u>Unified</u>
Crysvita	Harvard Pilgrim Stride SM (HMO)/ (HMO-POS) Medicare Advantage, Tufts Medicare Preferred, Tufts Health Plan Senior Care Options, Tufts Health One Care		Ma	ar. 1, 2024		ysvita (<u>Harvard</u> grim, <u>Tufts Health Plan</u>)
Cinqair, Fasenra, Nucala	Harvard Pilgrim Stride SM (HMO)/ (HMO-POS) Medicare Advantage, Tufts Medicare Preferred, Tufts Health Plan Senior Care Options, Tufts Health One Care		Ma	ar. 1, 2024	Ad	espiratory Interleukin Skilled Iministration (<u>Harvard</u> g <u>rim, Tufts Health Plan</u>)
Epoprostenol products, Remodulin, Tyvaso, Ventavis	Harvard Pilgrim Stride SM (HMO)/ (HMO-POS) Medicare Advantage, Tufts Medicare Preferred, Tufts Health Plan Senior Care Options, Tufts Health One Care		Ma	ar. 1, 2024	Me	Ilmonary Hypertension edications (<u>Harvard</u> grim, Tufts Health Plan)
Aranesp, Epogen, Mircera, Procrit, Retacrit	Harvard Pilgrim commercial, Tufts Health Plan commercial, Tufts Health Direct		Ma	ar. 1, 2024	Ag	ythropoiesis Stimulating ents (<u>Harvard Pilgrim, Tufts</u> ealth Plan)



Pharmacy coverage changes

Harvard Pilgrim Health Care Commercial | Tufts Health Direct | Tufts Health Plan Commercial | Tufts Health RITogether

Changes to existing prior authorization programs

Updates to existing prior authorization programs						
Drug	Plan Eff. date Policy & additional information		Policy & additional information			
Dalfampridine	Tufts Health RITogether	March 1, 2024 Ampyra (dalfampridine)				
Firdapse	Tufts Health RITogether	March 1, 2024 Firdapse				
Opzelura	Tufts Health RITogether	fts Health RITogether March 1, 2024 Opzelura				
Contrave Saxenda Wegovy	Harvard Pilgrim Health Care commercial, Tufts Health Plan commercial, Tufts Health Direct	March 1, 2024	Weight Loss Medications (<u>Harvard Pilgrim</u> , <u>Tufts Health Plan</u>)			
Opioids	· · · · · · · · · · · · · · · · · · ·		Opioids and Analgesics (criteria will be available on the MassHealth Drug List on or after the effective date)			
Drug status ch	Drug status changes					
Drug	Plan	Eff. Date	Policy and Additional Information			
Vosevi	Tufts Health RITogether	March 1, 2024	Vosevi will be moved to non-preferred status. Medications for the Treatment of Hepatitis C			



MassHealth updates to Unified Formulary

Tufts Health Together — MassHealth MCO Plan and ACPPs

MassHealth recently announced the following updates to the MassHealth Unified Formulary, effective March 4, 2024. The table below outlines these changes. Tufts Health Together-MassHealth MCO Plan and ACPPs utilizes MassHealth's Unified Formulary for pharmacy medications and select medical benefit drugs. Please keep in mind that updated coverage and criteria will be available on the MassHealth Drug List on or after the effective date.

MassHealth updates to Unified Formulary					
Adding to MassHealth Drug List (MHDL)	Abrilada (PA); adalimumab-aacf,unbranded (PA); adalimumab-fkip, unbranded (PA); adalimumab-adaz, unbranded (PA); adalimumab-adbm, unbranded (PA); ADEK Gummies (PA); Airsupra (PA); Akeega (PA, QL); Amjevita (PA); Austedo XR (PA, QL); Cyltezo (PA); Filspari (PA, QL); Hadlima (PA); Hulio (PA); Hyrimoz (PA); Idacio (PA); Iheezo (PA); Inpefa (PA, QL); Iyuzeh (PA); Liqrev (PA); Litfulo (PA, QL); Mekinist oral solution (PA, QL); Miebo (PA, QL); Ngenla (PA); Opvee (PA, QL); Rezzayo (PA, QL); Rykindo (PA, QL, PBHMI); Tafinlar oral solution (PA, QL); Veozah (PA, QL); Yuflyma (PA); Yusimry (PA); Zavzpret (PA, QL), Zurzuvae (PA, QL, PBHMI)				

MassHealth updates to Unified Formulary	y			
Adding or updating quantity limit	Dyanavel, Opium tincture, Quillivant, Zejula			
Updating therapeutic class tables	Agents not Otherwise Classified; Anesthetics – Topical; Anti-Allergy and Anti-Inflammatory Agents – Ophthalmic; Antibiotics and Anti-Infectives – Oral and Inhaled; Antibiotics – Topical; Antidepressants; Antidiabetic Agents; Antifungal Agents – Oral and Injectable; Antiglaucoma Agents – Ophthalmic; Anti-Obesity Agents; Antipsychotics; Asthma/Allergy Monoclonal Antibodies; Barbituates, Benzodiazepines, and Miscellaneous Antianxiety Agents; Beta Thalassemia, Myelodysplastic Syndrome, and Sickle Cell Disease Agents; Cardiovascular Agents; Cerebral Stimulants and Miscellaneous Agents; Dermatological Agents – Topical Chemotherapy, Genital Wart Treatment, and Miscellaneous Dermatologic Agents; Diabetes Medical Supplies and Emergency Treatments; Drug and Alcohol Cessation Agents; Gastrointestinal Drugs – Antidiarrheals, Constipation, and Miscellaneous Gastrointestinal Agents; Growth Hormones and Increlex; Headache Therapy; Hematologic Agents – Hematopoietic and Miscellaneous Hematologic Agents; Hepatitis Antiviral Agents; Immunological Agents; Lipid-Lowering Agents; Neuromuscular Agents – Duchenne Muscular Dystrophy and Spinal Muscular Atrophy; Nutrients, Vitamins, and Vitamin Analogs; Oncology Agents; Opioids and Analgesics; Osteoporosis and Bone Metabolism Agents; Pediatric Behavioral Health; Pharmaceutical Compounds; Pulmonary Hypertension Agents; Respiratory Agents – Inhaled; T-Cell Immunotherapies; Vesicular Monoamine Transporter 2 (VMAT2) Inhibitors			
Drugs being removed from the MassHealth brand name preferred over generic list	Lotronex			
Drugs being locked to the medical benefit (utilization management restrictions may apply)	Columvi, Elevidys, Enhertu, Epkinly, Ketalar, Kimmtrak, Qalsody, Rystiggo, Sandimmune injection, Sezaby, Simulect, Vyvgart Hytrulo, Vyvujek, Ycanth			
Drugs being added to the mandatory 90-day supply (M90) program	Carospir, Livalo			
Removing from MHDL due to product discontinuation	Adalat, Adhansia XR, Adzenys ER, Albenza, Aldactazide, Aldara, Brisdelle, Intron A, metoprolol/hydrochlorothiazide, Navelbine, Ranexa, Seconal, Tranxene, Vecamyl, Verelan			
Updates to compounding program	Compounded transdermal products will require PA.			
Updates to Concomitant Opioid and Benzodiazepine Initiative (COBI)	COBI will be updated such that either the benzodiazepine or opioid could reject at the pharmacy for PA if used concomitantly. Concomitant use will be defined as 15 or more days of an opioid and a benzodiazepine within the past 45 days.			



Insights and Updates for Providers is a monthly newsletter for the network of Point32Health, the parent company of Harvard Pilgrim Health Care and Tufts Health Plan.

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