Social Drivers of Health

Guide to assigning ICD-10 codes

TUFTS
Health Plan

a **Point32Health** company

Social drivers of health (SDOH) — the non-medical factors and environmental conditions within which people are born, live, learn, work, worship, and age — greatly impact a patient's vulnerability to illness, access to health care, and response to medical treatment. Because health outcomes are heavily influenced by SDOH (also referred to as social determinants of health), it's important for providers or other members of the care team to identify and document SDOH needs as part of their daily practice.

To assist Point32Health with recognizing members who may need additional support and services, we encourage providers to use the ICD-10 Z codes below when submitting claims.

Collect SDOH data during:
- ✓ inpatient appointments
- ✓ patient registrations
- ✓ social histories
- ✓ patient self-reporting

CATEGORY	CODE	EXPLANATION
Problems related to education and literacy (Z55)	Z55.0	Illiteracy and low-level literacy
	Z55.1	Schooling unavailable and unattainable
	Z55.2	Failed school examinations
	Z55.3	Underachievement in school
	Z55.4	Educational maladjustment and discord with teachers and classmates
	Z55.5	Less than a high school diploma
	Z55.8	Other problems related to education and literacy
	Z55.9	Problems related to education and literacy, unspecified
Problems related to employment and unemployment (Z56)	Z56.0	Unemployment, unspecified
	Z56.1	Change of job
	Z56.2	Threat of job loss
	Z56.3	Stressful work schedule
	Z56.4	Discord with boss and workmates
	Z56.5	Uncongenial work environment
	Z56.6	Other physical and mental strain related to work
	Z56.81	Sexual harassment on the job
	Z56.82	Military deployment status
	Z56.89	Other problems related to employment
	Z56.9	Unspecified problems related to employment
Occupational exposure to risk factors (Z57)	Z57.0	Occupational exposure to noise
	Z57.1	Occupational exposure to radiation
	Z57.2	Occupational exposure to dust
	Z57.31	Occupational exposure to environmental tobacco smoke
	Z57.39	Occupational exposure to other air contaminants
	Z57.4	Occupational exposure to toxic agents in agriculture
	Z57.5	Occupational exposure to toxic agents in other industries
	Z57.6	Occupational exposure to extreme temperature
	Z57.7	Occupational exposure to vibration
	Z57.8	Occupational exposure to other risk factors
	Z57.9	Occupational exposure to unspecified risk factors

CATEGORY	CODE	EXPLANATION
Problems related to housing and economic circumstances (Z59)	Z59.0	Homelessness unspecified
	Z59.01	Sheltered homelessness
	Z59.02	Unsheltered homelessness
	Z59.1	Inadequate housing
	Z59.2	Discord with neighbors, lodgers and landlord
	Z59.3	Problems related to living in residential institution
	Z59.41	Food insecurity
	Z59.48	Other specified lack of adequate food
	Z59.5	Extreme poverty
	Z59.6	Low income
	Z59.7	Insufficient social insurance and welfare support
	Z59.811	Housing instability, housed, with risk of homelessness
	Z59.812	Housing instability, housed, homelessness in past 12 months
	Z59.819	Housing instability, housing unspecified
	Z59.82	Transportation insecurity
	Z59.86	Financial insecurity
	Z59.87	Material hardship
	Z59.89	Other problems related to housing and economic circumstances
	Z59.9	Problem related to housing and economic circumstances, unspecified
Problems related to social environment (Z60)	Z60.0	Problems of adjustment to life-cycle transitions
	Z60.2	Problems related to living alone
	Z60.3	Acculturation difficulty
	Z60.4	Social exclusion and rejection
	Z60.5	Target of (perceived) adverse discrimination and persecution
	Z60.8	Other problems related to social environment
	Z60.9	Problems related to social environment, unspecified
Problems related to upbringing (Z62)	Z62.0	Inadequate parental supervision and control
	Z62.1	Parental overprotection
	Z62.21	Child in welfare custody
	Z62.22	Institutional upbringing
	Z62.29	Other upbringing away from parents
	Z62.3	Hostility towards and scapegoating of child
	Z62.6	Inappropriate (excessive) parental pressure
	Z62.810	Personal history of physical and sexual abuse in childhood
	Z62.811	Personal history of psychological abuse in childhood
	Z62.812	Personal history of neglect in childhood
	Z62.813	Personal history of forced labor or sexual exploitation in childhood
	Z62.819	Personal history of unspecified abuse in childhood
	Z62.820	Parent-biological child conflict
	Z62.821	Parent-adopted child conflict
	Z62.822	Parent -foster child conflict
	Z62.890	Parent-child estrangement NEC
	Z62.891	Sibling rivalry
	Z62.898	Other specified problems related to upbringing
	Z62.9	Problem related to upbringing unspecified

CATEGORY	CODE	EXPLANATION
Other problems related to primary support group, including family circumstances (Z63)	Z63.0	Problems in relationship with spouse or partner
	Z63.1	Problems in relationship with in-laws
	Z63.31	Absence of family member due to military deployment
	Z63.32	Other absence of family member
	Z63.4	Disappearance and death of family member
	Z63.5	Disruption of family by separation and divorce
	Z63.6	Dependent relative needing care at home
	Z63.71	Stress on family due to return of family member from military deployment
	Z63.72	Alcoholism and drug addiction in family
	Z63.79	Other stressful life events affecting family and household
	Z63.8	Other specified problems related to primary support group
	Z63.9	Problem related to primary support group, unspecified
Problems related to certain psychosocial circumstances (Z64)	Z64.0	Problems related to unwanted pregnancy
	Z64.1	Problems related to multiparity
	Z64.4	Discord with counselors
Problems related to other psychosocial circumstances (Z65)	Z65.0	Conviction in civil and criminal proceedings without imprisonment
	Z65.1	Imprisonment and other incarceration
	Z65.2	Problems related to release from prison
	Z65.3	Problems related to other legal circumstances
	Z65.4	Victim of crime and terrorism
	Z65.5	Exposure to disaster, war and other hostilities
	Z65.8	Other specified problems related to psychosocial circumstances
	Z65.9	Problems related to unspecified psychosocial circumstances
Problems related to medical facilities and other health care (Z75)	Z75.3	Unavailability and inaccessibility of health care facilities
	Z75.4	Unavailability and inaccessibility of other helping agencies

Resources

World Health Organization: Social Determinants of Health

Centers for Disease Control: Social Determinants of Health